

Gastroenterology & Hepatology Advanced Practice Providers

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## How to Build Your CV

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### **Disclosures**

### Barbra Cave, PhD, APRN

Research Support: Gilead, Clinical Area – Viral Hepatitis

Research Support: Intercept (spouse), Clinical Area – NASH

Research Support: Conatus (spouse), Clinical Area –

Speaker Bureau: Gilead (self + spouse), Clinical Area – Viral Hepatitis

Speakers Bureau: AbbVie (self + spouse), Clinical Area – Viral Hepatitis

Speakers Bureau: AbbVie (self), Clinical Area – IBD

Speakers Bureau: Intercept (spouse), Clinical Area – NASH

# **Objectives**

- Compare/contrast CVs and resumes
- Discuss CV development best practices
- Review examples of CVs
- Identify ways to build your CV

### Quick Poll!

- By show of hands:
  - 1. I have a resume
  - 2. I have a CV
  - 3. I have something, but I don't know what to call it

# Spelling Bee!

- Latin origins
- Translates to "Course Life" or "The course of one's life" (Dictionary.com)
- C-U-R-R-I-C-U-L-U-M V-I-T-A-E
  - Other 3 U words:
    - Presumptuous
    - Unusual
    - Subcontinuous

And 4 U words?!?!

Tumultuous



## A Little History...

- Use of the CV traces back to Leonardo Da Vinci circa 1482: "Self-marketing portfolio"
- Predates resumes (1500s)
- Modern CVs considered a "calling card" of a scholar, and are popular worldwide



## Compare/Contrast

#### Resume

#### Divided by headings:

- Contact info & credentials
- Employment objectives/ qualification statement
- Education
- Employment history/Experience
- Licensure/Certifications
- Organizations
- Honors/Awards/Activities
- References

#### **Curriculum Vitae**

- Expands on a resume
- Much longer, more detailed
- Includes description on academic and/or professional credentials, qualifications, experience,
   and endeavors

### What Is a Curriculum Vitae Used For?

#### Uses:

- Employment
- Faculty Appointment
- Fellowships
- Grants
- Residency Opportunities
- Length: unlimited (Hicks & Roberts. 2016)
- Users: Employers, grant funders, scientific award committees, professional organizations (Kawar et al. 2017)

# How is that different from a resume?

Use: Resume is used for securing an

interview (Jilk et al. 2018)

Length: 1-2 Pages (Hicks & Roberts. 2016)

**User:** Employers (Kawar et al. 2017)

## Best Practices: CV Development

- Use headings and subheadings
- Include all accomplishments, successes, and contributions
- Living document
- Chronological order (recent to oldest)
- Avoid fabrications and embellishments: entries must be verifiable



"It's just that I've never seen 'book smarts' listed on a CV before."

# **CV Formatting Tips**

### **Style**

- APA style
- Avoid Clutter
- Use uniform margins
- Use easy-to-read font (Times, Helvetica, Arial)
- Bold, <u>underline</u>, *italics* OK, but do not distract

### Size & Spacing

- Name: 14
- Headings: 12
- Everything else: 10 or 12
- White Space
- Consider using Tables to help with formatting

# So What's the Recipe?

- Demographic Info
  - Get your name and credentials right!
    - Full name (middle name, too!)
    - Highest educational degree in order obtained (PhD, DNP, MSN)
    - OK to suppress lower degrees in same field (example, we do not use Barbra Cave, BSN, MSN, PhD)
    - Practice Title (RN, APRN, APN, NP) as determined by state
    - Honorary Titles (FAANP)
    - Degrees and credentials omit periods (PA versus P.A.)

# So What's the Recipe?

- Education History
  - If in school, state "in-process" and show expected date of graduation
- Licensure & Certifications
- Honors & Awards
- Employment History
- Scholarly Work Products
  - Peer Reviewed Publications
- Consultations
- Professional Association Memberships
- Service
- Other Considerations (courses taught, languages, mentorships)

### What About Cover Letters?

- Not needed if you have a CV
- Per Jilk et al. (2018): Cover letters are often not read and can be seen as ritualistic additions that serve no specific purpose.
- BUT some white-collar positions require a one-page personal statement
- Do NOT include a cover letter unless specifically asked

### What About Portfolios?



- Portfolios contain professional writings and accomplishments
  - Work products

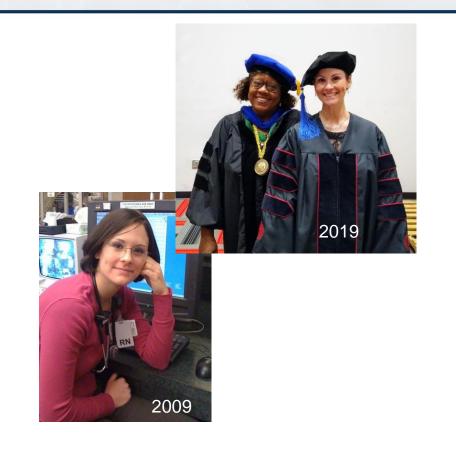
     (manuscripts, brochures, invited lectures)
  - Certificates (continued education, professional certifications)

# Example CVs

- Barbra Goshko (March 2014)
- Barbra Cave (June 2020)



- Allison Hobbs (February 2019)
- Allison Hobbs (May 2020)



# **Group Discussion**

- What elements is your CV missing?
- How often do you plan to update your CV?
- What changes do you plan to make to your CV?

### References

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